

RETURN. DISCOVER.

6th Baltic Moreno days

20th - 22nd August 2010. Klaipeda, Lithuania

We are glad to invite you to international practical psychodrama conference!

The 6th Baltic Moreno days: RETURN & DISCOVER

on: 20th – 22nd August 2010

in: Klaipėda, Lithuania

ORGANISER:

Lithuanian Psychodrama Association



ORGANISING PARTNER:

Public institution "GEBU"



www.psichodrama.lt/moreno

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Time: 20th – 22nd August 2010.

Venue: Klaipėda old town, The Artcourt.

PROGRAMME*

Friday, 20/08/2010	
12:00-13:30	Registration
14:00-15:00	Opening
15:00-16:30	Playback
17:00-19:00	Excursion
19:00-21:00	„Sunset on the Sea“
Saturday, 21/08/2010	
09:30-10:00	Warming-up
10:00-13:00	Workshops
13:00-15:00	Lunch
15:00-18:00	Workshops
20:00-02:00	Party with supper
Sunday, 22/08/2010	
09:30-10:00	Warming-up
10:00-13:00	Workshops
13:30-15:00	Ending the conference

*There may be changes in the timetable

PARTICIPATION FEES**

	Lithuania, Latvia, Estonia, Belarus, Ukraine	Other countries
Until 21/05/2010	150 €	220 €
From 22/05/2010 till 02/08/2010	170 €	240 €
Payment on arrival day (cash)	190 €	260 €
Party (for each accompanying person)	35 €	35 €

SOME OF WORKSHOPS AND WORKSHOP LEADERS

Inara Erdmanis, Sweden ("To discover you have to return")

Chantal Nève-Hanquet, Belgium ("Couples therapy")

Melinda Ashley Meyer, Norway ("Working with trauma survivors and refugees")

Michael Borremose, Denmark ("Dreams of changing - the drive to change reality")

Wilma Scategni, Italy ("Social Dreaming: building bridges...discovering memories...")

Christa Waibl-Wiesner & Nikolas Anastasiadis, Austria ("My inner Homeland")

Arsaluys Kayir, Turkey (*under discussion*)

Daiva Rudokaitė & Aurelija Rakšytė, Lithuania („Coincidences in my life“)

Külike Lillestik in assist with **Katrin Roosileht**, Estonia ("Pregnancy Crisis")

Rasa Pietarienė & Viktorija Vaišvilaitė, Lithuania ("Return: loss and discoveries")

Igeta Gaike & Rovena Zarakovska, Latvia ("Return to primordial harmony")

Eglė Paužienė & Rasa Urbšienė, Lithuania (*Playback workshop*)

MORE INFORMATION AND REGISTRATION:

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**The number of participants is limited



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PRECONFERENCE OF THE 6TH BALTIC MORENO DAYS August 19-20, 2010

PROGRAMME OF THE PRECONFERENCE

Thursday 08/19/2010

09:30-10:00 Registration (for the participants of the preconference)

10:00-18:00 Theoretical seminar

Friday 08/20/2010

09:30-13:30 Theoretical seminar

LECTURERS FOR THE PRECONFERENCE

Chantal Nève Hanquet (BELGIUM)

psychologist, Jungian psychoanalyst and teaching member of the IAAP-affiliated SBPA; a psychodrama trainer at the CFIP; treasurer of the FEPTO; trainer in systemic family therapy at the IPFS in Namur; member of the EFTA; training officer in two schools for practising special-needs teachers, one in Namur and the other in Mirwart (Belgian Ardennes); author of several articles.

“LANDSCAPE GENOGRAM, CULTURE'S EXPERIENCE AND IDENTITY”

The concept landscape genogram is coming from the practice of Chantal Nève-Hanquet and Jacques Pluymaekers as therapists and trainers.

It gives a creative representation by the words, the images and their graphical and/or psychodramatical representations of certain crucial moments which have been called up during the genogram's exploration. This way people can express their culture's differences by pictures, words and movements.

With psychodrama, the landscape genogram creates space so a person can live changes for him self and with others.

In landscape genogram, everyone can find a piece of his family story and culture, it means the sense of his being.

Everyone who participate this workshop can have a part of this experience. The workshop will be in French and translate in English.

Wilma Scategni (ITALY)

psychodramatist, the author of a significant book on Jungian psychodrama with an emphasis on dream work.

"SOCIAL DREAMING: BUILDING BRIDGES...DISCOVERING MEMORIES..."

Dreams are a bridge towards our past, memories and histories. Sharing dreams and images can be the first step towards our flying beyond differences among cultures, languages, ways of thinking, religions ...

The social dreaming matrix is a bridge that our images of the unconscious (dreams, myths and legends) can build anywhere. In the presentation in the pre-conference the Theoretical bases of the method will be presented.

PARTTICIPATION FEE FOR THE PRECONFERENCE

70 EUR

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WORKSHOPS

"To discover you have to return"

Leader: Inara Erdmanis (SWEDEN), TEP, clinical psychologist, President of the Latvian Moreno Institute

In this workshop we will investigate from what worlds we come from. We will see what we want to take with us from these worlds and our different ages. And, what we can learn from our experiences. Who am I today? Who do others' think I am? Who do I want to be?

"My inner Homeland"

Leaders:

Christa Waibl-Wiesner (AUSTRIA), Personell Officer of the Human Resources Department of the GPG (Gesellschaft für Psychische Gesundheit-pro mente tirol), a major psychiatric care provider in Tyrol, Austria. Psychodramatist and working in free practice.

AND

Nikolas Anastasiadis (AUSTRIA), working with psychiatric patients under the age of 21 in a facility of the GPG. Still a psychodrama trainee.

Return from the outer world, find the secret pathways to your inner homeland. Where is your inner homeland? Does it have a name? Is it a land far away or nearby? Does it have inhabitants? In this workshop, each of us will try to discover her/his personal homeland. By calling the latter by its name, it might become a bit more accessible to us in the future. And, perhaps, less accessible for others? Who knows...

"Couples therapy"

Leader: Chantal Nève-Hanquet (BELGIUM), member of Belgian Psychodrama Association, FEPTO council member.

In couples therapy several psychodrama techniques are used: doubling (whether by the therapist or by one member of the couple doubling his/her partner), the enactment of an incident, or the production of a sculpture. The choice of one of these techniques is based on the therapist's hypotheses concerning level of communication, intensity of the conflict, the couple's own rules and the generational inheritance. The purpose of the workshop is to experiment with a process likely to invite surprise and a shift in positions on both sides.



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WORKSHOPS

"Working with trauma survivors and refugees: Psychodrama perspective – storytelling, testimony, scenario thinking and future projection"

Leader: Melinda Ashley Meyer (NORWAY), PhD Norwegian Centre for Violence and Traumatic Stress Studies, Director of Psychodrama

Workshop objectives: The workshop will give the participants an opportunity to learn about the testimonial method from an Psychodramatic perspective in group-psychotherapy with trauma survivors.

Workshop contents: This workshop is based on a longitudinal study involving the first group of 64 Bosnian war refugees who arrived in Norway in 1992. They underwent a stress management program using the arts and participated in making two documentary films during the period 1993 to 1999. The study explored the main influences on repatriation with emphasis on Expressive Arts and documentary film making as testimony. The last visit to Bosnia was carried out in 2006 and the results were presented for the participants.

In the workshop the method will be demonstrated from a psychodramatic perspective.

The theory of scenario thinking and testimony will be presented. A group experience and a demonstration will be carried out. This workshop will be of relevance and interest to those working with refugees, multi cultural groups and trauma survivors.

Level of training: Intermediary to advanced.

"Return to primordial harmony"

Leaders:

Igeta Gaika (LATVIA) – Mag. Paed., musician, Assistant in Psychodrama, Assistant in ancient Baltic rituals and practices.

AND

Rovena Zarakovska (LATVIA) – Cert. Psychotherapist, CP in Psychodrama, Master of ancient Baltic rituals and practices.

During this psychodrama workshop we shall explore our inner resources making us stronger and more vital.

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WORKSHOPS

"Pregnancy Crisis Counseling and Psychodrama"

Leader: Küllike Lillestik (ESTONIA), in the end of this year will be graduate from Tallinn Psychodrama Institute and becomes Certified Practitioner (CP). In 2006 took part in training of Pregnancy Crisis Counselors organised by Väärtustades Elu (Valuating Life) Foundation and work as Pregnancy Crisis Counselor, executive of Pregnancy Crisis Center of Tallinn and project manager since 2007.

IN ASSIST WITH

Katrin Roosileht (ESTONIA), also about to graduate from Tallinn Psychodrama Institute as CP and works also as pregnancy counselor at Pregnancy Crisis Center of Tallinn.

The workshop would be about Pregnancy Crisis – it's concept, it's target group and the possibilities to use psychodrama methods in pregnancy crisis work with individual clients, families and in group setting.

Pregnancy Crisis Counseling is created to support families at the time of baby-planning, pregnancy and up to one year after the birth of a child or miscarriage or death of the baby. Pregnancy Crises encompasses developmental crises (changes in roles, in relationship with partner) and also traumatic crises.

"Return: loss and discoveries"

Leaders:

Rasa Pietarienė (LITHUANIA), psychologist and psychodrama therapist since 2004.

AND

Viktorija Vaišvilaitė (LITHUANIA), psychologist and psychodrama therapist since 2004.

You wouldn't find new life, new relationships without loss. Our workshop based on the ground of Lithuanian fairytale "Egle - the Queen of Serpents" and some themes you'll find in it: relationships between parents and grown-up children, relations with our roots, and our attitudes to stranger. How many strengths we need to combine two different worlds?



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"Dreams of changing - the drive to change reality"

Leader: Michael Borremose (DENMARK), psychologist and Psychodrama Leader.

We all know that truth and reality exist in our own life – and most of our time we want to change this reality and make a difference of the truth of our life. As it has been and as it will be – in the future. We all want something to be different.....

We all want to create reality....

"Social Dreaming: ...building bridges.....discovering memories....."

Leader: Wilma Scategni (ITALY), psychodramatist, the author of a significant book on Jungian psychodrama with an emphasis on dream work.

There will be explored dreams in the groups with the method of "Social Dreaming Matrix". Then the dreams will be explored through Jungian Psychodrama.

Aims: This overall experience gives participants a chance to share dreams and thereby uncover new meanings in intra-psychic and interpersonal life.

Key words: dreams, memories, images, sharing.